

New Carer Support Coordinator

Chris Albury has now joined the One Trust Team. For many years Chris served as the family support worker for Wandsworth Mencap and over those years established herself as an essential support for carers. In her new role with One Trust, she will be on hand to assist carers with a range of issues from financial assessments to support around health and wellbeing. Chris will also oversee the One Trust carer's forum and coordinate activities for carers such as massage and social events. Chris can be contacted at Christine.albury@onetrust.co.uk or by phone on 07539891230.

Sutton Inclusion Centre

Started in February, One Trust now runs a satellite service at the Sutton Inclusion Centre. Currently 8 people using One Trust services now spend every Tuesday at this new resource. This service was started partly to provide additional capacity for our popular and oversubscribed Church Lane resource and also so that we could incorporate regular hydrotherapy into our weekly service offering. Hydrotherapy has been in very short supply over the years, yet for many people with physical disability, this therapy is vital. It alleviates discomfort for those with spasticity and enables those that usually spend much of their lives seated that opportunity to be upright. It also provides a very enjoyable and stimulating environment. Janet Todd has joined our team on Tuesdays bringing her expertise in physio and hydrotherapy. This project is also delivered by a dedicated One Trust team and Luke our art therapist is also in residence at the Inclusion Centre on Tuesdays. In the future we hope that we will be invited to use the Inclusion Centre on other days of the week, so that we can make sure everyone that needs hydrotherapy will be able to have regular access to the much sought after intervention.

Sensory Garden Completed

After a couple of years in the pipeline, the One Trust sensory garden is now complete. GGS the landscape gardening contractor have been fantastic, translating a set of drawn plans into a truly magnificent garden space. One Trust plans to have a grand opening of the garden in the summer, however it will be used extensively prior to the official opening. This is a great opportunity to thank everyone who made the garden happen. Mark Honan, for managing the project in partnership with Groundworks London. Wandsworth Council for their contribution towards funding the project, GGS for delivering the project on time and on budget. Special thanks are also due to the Greggs Foundation, Tesco and the Local Lottery for their financial contribution, without their support this project would never have got off the ground.



Hydrotherapy



Sensory Garden

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raise funds for
special projects

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Putney Return

It has been more than a year since One Trust was asked to vacate the Scout Hut at Beverley Brook. This was a significant blow to One Trust as this venue had special significance for the group based there. This area of the Borough has unique appeal as the semi-rural nature of the site provided significant benefit with access to open spaces and beautiful walks. The site particularly benefited those on the Autistic Spectrum, with the open spaces and relaxed environment having a significant and positive impact on the wellbeing of this cohort. During our time in Putney those attending flourished. One Trust is very grateful for the support of the Sea Cadets based at Ashlone Wharf. Commencing on the 3rd of April, One Trust started sharing the Ashlone Wharf site for a six month trial of occupancy. This is perfect timing as this cohort will be able to enjoy the summer months in this beautiful setting. As they say, every cloud has a silver lining as the Ashlone Wharf accommodation is far superior to our previous Putney home. It is hoped that following a successful trial period, One Trust will be able to enter into a longer term arrangement with the Sea Cadets, securing this important location for some years to come. One Trust would like to thank the Sea Cadets and in particular George Fowkes and Joe Root who have been so accommodating and helpful in putting this arrangement in place so swiftly.

New Recruits

One Trust has recently recruited 6 new permanent support workers. All six have been known to One Trust for a considerable amount of time having made up part of our highly skilled and committed staff bank. One Trust would like to extend a warm welcome to Jameela, Samuel, Raj, Simon, Hajarah and Elizabeth. In addition, One Trust is pleased to announce that Christine Albury has joined us as Carer Support Coordinator. In order to meet demand for Art based activities, Lynn James has also joined the team and will be supporting the wonderful work Luke has been undertaking with our resident artists. Pavlina Papadopoulou will shortly be joining Sjaak and Maria to bolster our music therapy provision and Janet Todd has joined the One Trust team as a physiotherapist enabling us to add hydrotherapy to our service offering. Shortly One Trust will commence a final round of recruitment for a new administration lead. We are looking for someone with experience of managing a small team overseeing a range of administrative functions.



New Putney Base

Contact Us

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It will be essential that the new recruit has experience of using accounting software, ideally Sage. Interested parties should keep an eye on our website careers page, <http://onetrust.co.uk/careers/>. To find out more about this role you can also contact Mark Honan at mark.honan@onetrust.co.uk, or by phone on 020 3096 9132.

One Trust Family Carer's

In addition to Chris Albury's recent appointment, One Trust has held a number of events for carers. For Mother's Day the team at Church Lane put on a tea party in recognition of the huge contribution mothers make in caring and supporting their adult sons and daughters. It was a nice opportunity for our carers to get together with peers and enjoy a relaxing cuppa in celebration of motherhood. The Wandsworth Base also held the first of many coffee mornings for family carers. Carers were able to meet with the staff team in a less formal context to share their ideas and experiences. The Battersea Base also held a fundraising event, inviting carers to take part. This event raised £116 for the One Trust service user amenity fund.

Chris Albury has also been busy arranging activities for carers. One Trust now provides massage and beauty treatments to carers, courtesy of Patrica a qualified masseuse and beauty therapist. We are also grateful to Angela Graham who in the past has done a stint as Wandsworth Mayor and remains an active Councillor. In her capacity as a trained Craniosacral Therapist she has recently started offering treatments to carers with feedback being overwhelmingly positive. Chris is also planning a carers lunch over the summer. Treatments provided to carers are charged at £5 -£7.50, with all proceeds going into a carer's amenity account to fund future carer activities.

Finally, come and join carers, service users and the team celebrate One Trust's successes over the past year at our summer party on the 7th July from noon, 21 Church Lane, SW17 9PW.

Thank you Wandsworth Gateway

One Trust would like to thank Terry and Cindy Peskett for a very generous donation of £380 made to One Trust. This donation came from the Wandsworth Gateway Club, which Terry and Cindy ran on a voluntary basis for more than 20 years. The donation will be added to the service user amenity account and will fund future service user events.



Mother's Day Tea Party.

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