

# Gardening changes lives

Thrive uses gardening to bring about positive changes in the lives of people living with disabilities or ill health, or are isolated, disadvantaged or vulnerable.

Thrive have teamed up with the One Trust to provide local day service users the opportunity to learn about conservation, ecology and gardening on Mondays at NatureScope.



Thrive also run a number of programmes from Battersea Park, to find out more please contact Ellen Swygart on: 020 7720 2212 or [ellen.swygart@thrive.org.uk](mailto:ellen.swygart@thrive.org.uk).